

## **JSK Boxing “Keeping Teens Off The Streets”**

### **Mission Statement**

#### **Mission**

JSK Boxing is dedicated to working with at-risk youth in the greater San Diego area. We provide a positive outlet for those youth who have been or are involved with the Juvenile Justice System. Through working with this population, we are focused on keeping them off of the streets and in a positive and educational environment that will offer these youth better options than continuing in an often destructive lifestyle. We intend to accomplish this through the sport of USA Amateur Boxing combined with mentoring and educational options in order to allow the youth to grow through all facets of life.

#### **Vision**

Our vision is to offer a destination for the youth to not only train in the sport of boxing, but also complete their education, receive therapeutic services, and complete any necessary specialized classes they are required to attend. By offering one destination to complete all of the above, we are offering the youth an opportunity to stay off of the streets and remove themselves from the lifestyles and decisions that allowed them the opportunity to come in contact with the Juvenile Justice System. The ultimate goal of the program is to offer the opportunity for at-risk youth who have already been “written off,” to have the confidence to take control of their lives, grow from the services offered to them, and join a team whose mission has a positive outcome; ultimately creating leaders from those who were lead.

#### **Goals**

The goal of JSK Boxing is to provide a multi-faceted program that instills a good work ethic, ethical decision making, strong self-esteem, and service-minded individuals who have ventured on a path related to substance abuse, gang activity, self-esteem issues, and overall activity that involves the Juvenile Justice System and/or the periphery of the system. These goals are going to be met with the following services:

#### **USA Amateur Boxing**

JSK Boxing will provide training free of charge to the population impacted by any of the above listed activities. Through this training, the participants will learn the art of boxing, which will in turn build the individuals' confidence and engage their ability to manage their self-control which is often overrun by impulses in their daily lives. In strengthening these two areas, it will allow the participant who may have a history of anger management issues, the ability to now control this anger due to the fact they have the tools to do more with less and the confidence that they do not need to show others they are necessarily the “tough guy,” on the block.

In addition to these areas, JSK Boxing is determined to establish the team atmosphere within the gym. The concept of team will be a main focus for the program in order to instill in the participants they are now part of a stronger unit that is going to offer

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them positive direction that will be steadfast and unconditional, different than any other team they may have been involved in that may have introduced them to the Juvenile Justice System. The JSK Boxing team will reach beyond any prior gang boundaries when it comes to our participants, and will ensure any conflicts will not be tolerated inside the program. This will provide the participants will proper boundaries and expectations which are two things many of this population are yearning for within their own lives.

The team concept will be shown in great display during times of competition. A lot like an army preparing for battle, the participants will feel the pain and struggles of training which will in turn get them battle-ready for the fight. During this preparation the participants will learn about themselves and the value of commitment as well as the process it takes to establish a team. Once the competition takes place, those participants who may have been rivals, are now fighting shoulder to shoulder in a competition for a new team, JSK Boxing. This metamorphosis may be the first stable step in the right direction in an otherwise unstable life.

Finally the underlying physical training will offer these participants the opportunity to achieve and maintain a healthy lifestyle, free from the toxins they may have frequently placed into their bodies in the past. The physical fitness aspect of the program will help them engage a clearer mental picture and add to the self-esteem aspect of their lives by feeling good about the way they carry themselves in this world.

### **Education**

The JSK Boxing Program is not focused solely on the “boxer.” We are focused on the participant as a whole. With this in mind, it is one of our goals to offer an onsite school, allowing the youth the opportunity to work on their schooling. Many of the population have fallen behind in their academics due to incarceration and are lost in the shuffle when it comes to their studies. Having a school onsite would offer a smaller classroom size and more personalized assistance in reaching their academic goals. Coinciding with the on-site school, the JSK Boxing Program will pursue funding to allow the students to take their appropriate testing whether it is for a high school diploma or GED free of charge to them.

### **Specialized Training**

JSK Boxing would like to continue to address the participant as a whole by offering specialized training at our site as well. This will include such classes as substance abuse, gang intervention, anti-theft, and parenting. Many of the above listed classes are court-ordered and must be completed by individuals who are on Juvenile Probation prior to them being successfully discharged from probation. In addition to the above mentioned classes, JSK Boxing would also like to prepare the participants for future

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employment by building their resumes with such certifications as ACE Personal Training, food handler’s card, and CPR/First Aid. This additional training will add to the tool belts of the participants in order for them to face the challenges they will encounter while continuing their journeys.

### **Employment**

As participants continue to show their commitment to the program, it is a future goal of JSK Boxing to employ the participants at the facility. This will enable the youth to earn an income and create work experience for their resumes to take into the future. The employment aspect of the program would entail the participants working different jobs in different stages of their commitment. The employment part of the program would run on a limited timeframe, with the option of long term employment on a case by case basis.

To begin, when a youth shows they want to take the training to the next step, they would be hired on as a cleaning staff for the facility. This would consist of maintaining the cleanliness of the facility, the equipment, and gear utilized for the training of the boxing team. The cleaning position would be considered the entry level position into the employment aspect of the program. The hours would be limited and pay would be minimum wage. Multiple youth would be eligible to hold the position of cleaning staff at one time. This position would be funded solely by donations or any eligible grants.

Once a participant shows they are proficient in the cleaning position, an advancement opportunity would be made available to the youth. The next position would be a scheduling and clerical position. This youth would have to complete an interview process, including providing a resume to those tasked with the hiring process. Once a participant is selected to work this position, they would be in charge of answering the telephones, scheduling private instruction for Grandmaster Greg Fraser, organizing and maintaining all applications for the program, and ensuring the sign in process is completed for every person who walks through the doors of the facility. The youth who is selected for this position would be expected to communicate clearly and respectfully to all persons they may come in contact with, as well as display a high level of organization and consistency in completing tasks. The position will give the youth strong organizational and interpersonal skills that will aid in their future endeavors no matter what the context may be. This position would be funded solely by donations or any eligible grants.

The next progression would find the youth holding an assistant instructor position. This would be a participant who has shown a great deal of commitment to the prior employment positions and an equally strong commitment to their training. This job would put the youth in a position of a peer instructor, now helping with new participants and their training. The youth would have to show strong interpersonal skills achieved by the prior two positions as well as a high level of patience which would have been gained through the combination of employment and consistent

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training. In addition to these two key components, the participant would be expected to show the different techniques that have been taught as well as the ability to explain these techniques in several different ways in order to teach to the dynamic population we serve. The youth who is selected to hold this position would assist with several classes a week and may be called upon to assist Grandmaster Greg Fraser with private lessons when needed. This position would be funded solely by donations or any eligible grants.

The final position that available to the participants is that of Office Manager. This position again would involve an interview process and updated resume. These two things would allow the participants to mark improvements and again gain the experience of going through a hiring process. Once selected to work in the position, the youth would be tasked with helping to run the day to day operations. The participant would oversee the clerical and cleaning staff, ensuring all of the necessary tasks are being completed. The Officer Manager would ultimately be held responsible for the scheduling and managing of each position and ensure the documentation related to each position is properly completed. The Officer Manager must also display the ability to serve in all positions made available to those youth who show interest in the employment aspect of the program. This would allow for the Office Manager to jump in and work any vacancies that may occur suddenly. The Officer Manager is expected to display the progression that each position provides and will be one of the key representatives of the JSK Boxing Program. This position would be funded solely by donations or any eligible grants.

The overall purpose of the employment portion of the program is to work on skills that will be necessary for the future success of the participants. It is understood not all participants will continue beyond amateur competitions within the sport of USA Boxing. With this in mind, it is the goal of JSK Boxing to prepare these youth for all aspects of life and we feel any experience in the employment field will be another way to build upon the tools these participants would walk away with from the program.

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